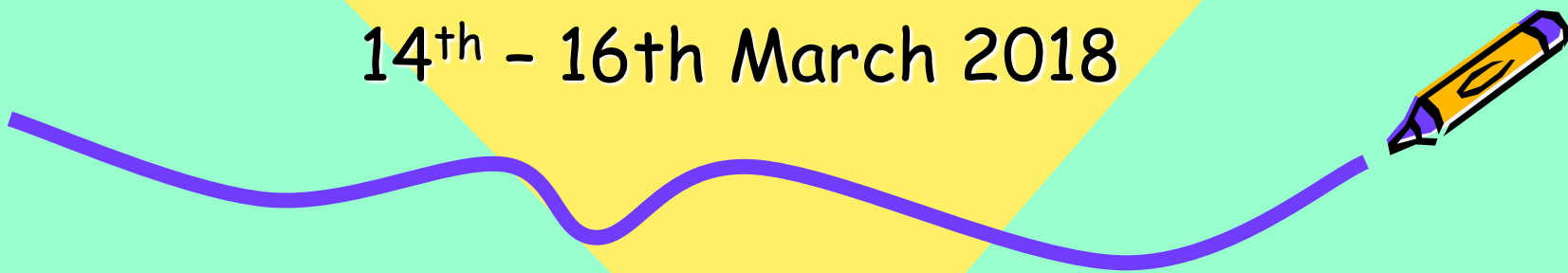


Year 5 Phasels Wood

14th - 16th March 2018



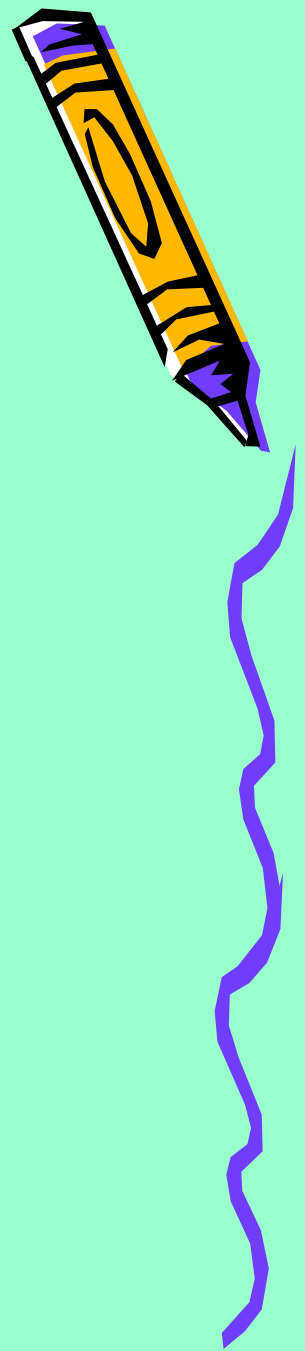
Phasels Wood

- Outdoors & Active
- Activities led by trained instructors
- School led activities
- Teamwork
- Provides opportunities for spiritual and personal growth

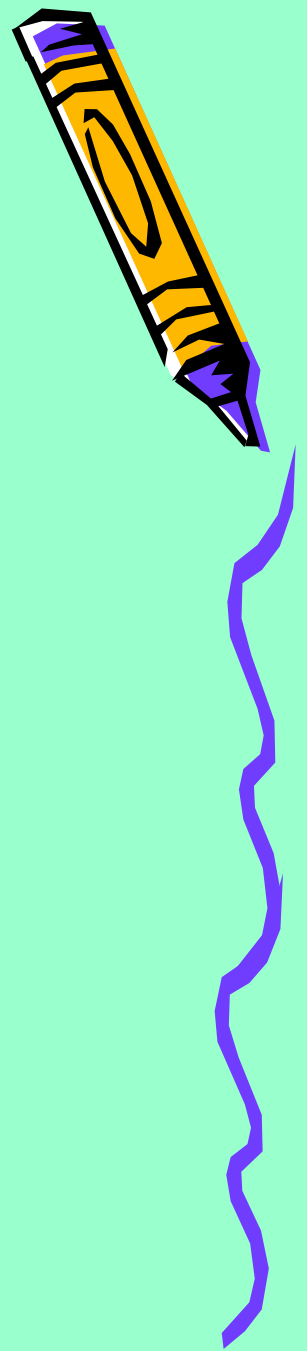


Day 1

- 9.30am Leave school
- 10.00am Arrive
- Site Orientation/Rooms and rules
- Opening Prayer Session
- Set up diary & games
- 12.00pm Lunch
- 1.00pm Session 1



- Break
- 2.30pm Session 2
- Break
- 4pm Session 3
- Diary & Games
- 6.00pm Dinner/free time
- 7.00pm Campfire
- 8:00pm Supper
- 8.30pm Evening prayers & diaries



Day 2



- 8.00am Breakfast
- 9.00am Nature Treasure Hunt
- 10.00am Session 1
- 11.00am Preparing for Talent Show/Art Activity
- 12.00pm Lunch/free time
- 1.00pm Preparing for Talent Show/Art Activity
- 2.00pm - Session 2



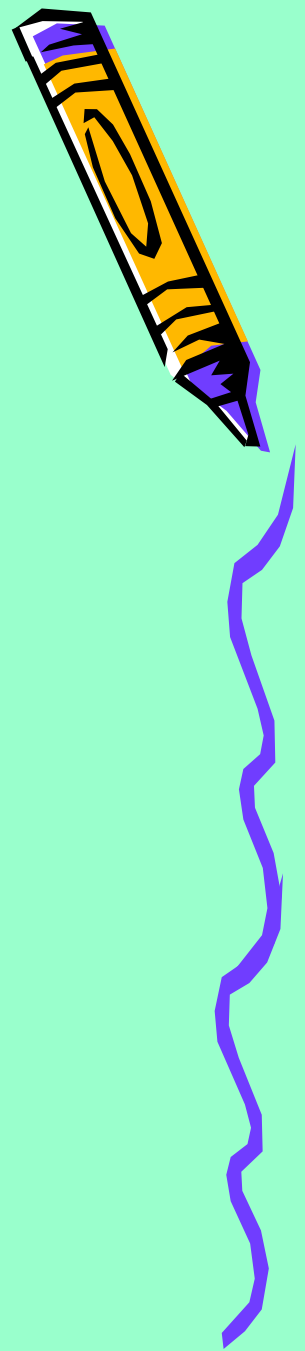


- 3.00pm Session 3
- 4.00pm Session 4
- 5:00pm Games
- 6.00pm Dinner & free time
- 7.00pm Campfire
- 8:00pm Supper
- 8:30pm Talent Show
- 9:00pm Evening prayer and diaries



Day 3

- 8.00am Breakfast
- 9.00am Pack up & empty building
- Games
- 11.00am Session 1
- 12.00am Lunch/free time
- 1.00pm Session 2
- 2:00pm Ending Prayer Session
- 2.30pm Depart for School



Activities



- Team Challenges



Archery!



Other activities:

- Campfire with prayers, songs, stories and hot chocolate!
- Crate stacking
- Potholing
- Climbing
- High Ropes
- Bungee Trampolines



Free time



Free Time



- Ball Games
- Art Activities
- Games e.g. board games, top trumps, cards
- Diary
- Reading
- Relaxing
- Talking!



Kit List



- Packed Lunch for Wednesday
- Sleeping Bag-labelled
- Pillow
- Washing Kit-soap, flannel, toothbrush, toothpaste, brush/comb
- Towel
- Outdoor shoes/trainers
- 2 changes of clothes - jeans are not recommended

Underwear





- Sleeping clothes
- Waterproof Jacket & Trousers
- Old set of clothes for potholing
- Indoor slippers
- Fleece top/warm top
- Book/cards
- Teddy bear
- Camera/ torch
- Hat, scarf, gloves
- Water bottle

All children are expected to carry their own bags.



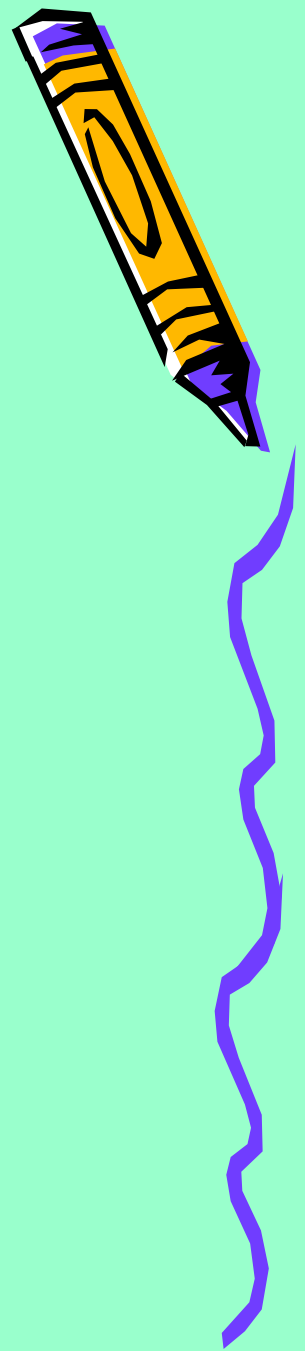
Children do not need

- Money
- Jewellery
- Headphones
- Mobile phone
- Electrical games
- Sweets



We are not in tents!

- Accommodation
- Catering
- Adults - Mrs Smith, Mrs Hiscock, Mrs Diaz, Ms Brennan



Code of Conduct



- We have a meeting with the children the week before we go.
- The children sign a Code of Conduct
- Children are given the rooms they will stay in when they get to Phasels Wood - we make sure that they are rooms they will like to be in!
- They will be in a range of groups for the activities so that they mix with as many children as possible.



Forms

- Signing in form
- Medical form

