



24<sup>th</sup> March 2020

Dear children of Sacred Heart School,

Welcome to the first edition. This is your newsletter so if there is anything that you would like to share in future editions, please send your contributions to the admin email address. You, your ideas or your work could be in a future issue!

It has been wonderful to see so many of you accessing the online learning platforms. The teachers are checking in with your learning and can see how hard you are working.

In addition to the learning that we are setting online and also the home learning packs, we shall also be giving ideas for other activities that you can do whilst you have to spend time in your house. Our Twitter feed is running a 30 Days of Lego Challenge and we are really enjoying seeing the creations that have been made so far.

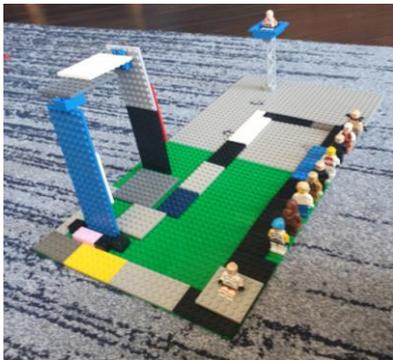
Take care and stay safe

Miss McCarthy

### 30 Day Lego Challenge

Day 1 of the challenge asked you to design your own rollercoaster.

We had 2 children who took up the challenge and posted their wonderful creations on our Twitter feed. Well done to Finlay and Alex for their great work.



### David Walliams

David Walliams will be releasing an audio story every day for the next 30 days from his Worst Children Books. Check out this website and listen to a different story each day.

<https://www.worldofdavidwalliams.com/elevenses/>



### Keeping Active with Joe Wicks

A lot of you enjoy the Joe Wicks fitness sessions in school. Every day you can have a PE lesson with Joe. He will be live on his YouTube channel, The Body Coach TV, at 9am Monday to Friday. You can join in the many thousands of children across the country who are doing #PEwithJoe



## Miss Zarandi's Sing and Dance Challenge.



Miss Zarandi suggests that everyone who is part of the Sacred Heart Community should make sure they take some time each day to put on a favourite song and then dance and sing like no one is watching.

Singing and dancing are both great ways to make you feel good and give you a great energy boost.

You can use YouTube clips from GoNoodle if you need any inspiration (some of the links are shown below).

### **Blazer Fresh**

<https://www.youtube.com/watch?v=BQ9q4U2P3ig> (Banana, Banana, Meatball)

<https://www.youtube.com/watch?v=psUPYR235O8> (Clap it out)

<https://www.youtube.com/watch?v=xjtPMiumixA> (Don't read like a robot)

### **Maximo**

<https://www.youtube.com/watch?v=nppIz32idrc> (Chicken dance)

<https://www.youtube.com/watch?v=6Lm4rSMDOR8> (Twist N' Shout)

<https://www.youtube.com/watch?v=aVAnoqxKAAc> (The Hokey Pokey)

We would love to hear which songs and dances you are enjoying!

## Mrs O'Connor's Den Building Challenge

Mrs O'Connor is setting you a den building challenge. She would like you to build a den inside your house. You will need to think about your building materials. What will you use to make your structure - chairs, washing ainer? Will you use blankets, sheets, cushions? What will you do inside your den? You could have a picnic, a tea party...

We would love to see some photos!