SACRED HEART CATHOLIC PRIMARY SCHOOL & NURSERY

Learning and loving with Christ as our teacher

PRAYER AT HOME

Dear Parents and Carers,
The month of January is dedicated to the Holy Name of Jesus. It is a special month when we pray and reflect on the name of Jesus. It begins with a very important Feast Day, on the 3rd of January when we honour and reflect on the power and importance of Jesus' name. It is a reminder that we can call upon His name in prayer and that it brings us comfort and strength.
The name "Jesus" means "God saves." It reminds us that Jesus came into the world to save us from our sins and to bring us closer to God. His name is special because it represents His mission and love for us.

By dedicating January to the Most Holy Name of Jesus, we take time to remember how special His name is and how it connects us to God's love and salvation. It's a wonderful opportunity to grow in our faith and to share that joy with others!

Let us journey together in prayer during the month of January.

God Bless,

Mrs Linda Payne
Executive Headteacher

The Most Holy Name of Jesus

Gather Together

1. Find a quiet space and sit together.
2. Begin by making the sign of the cross.



Listen

3. Read from the scripture Philippines 2:9-11





"In the name of Jesus every knee should bow, of those that are in heaven, on earth and under the earth"

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Reflect

4. This passage from the Bible highlights the importance of Jesus and His special role in our faith. "God loved Jesus so much that He bestowed upon Him the highest honour. This signifies that Jesus is the most important person both in the World and in Heaven. When we say that 'every knee should bow,' it means that everyone, everywhere—whether in Heaven, on Earth, or even below the Earth—should show respect and love for Jesus. By acknowledging that 'Jesus Christ is Lord,' we affirm that He is our leader and Saviour. This is our way of expressing faith and love for Him. When we do this, we also give glory to God the Father, who sent Jesus to guide us and teach us how to live. Therefore, this passage reminds us to honour Jesus and to recognise how much God loves us by sending Him to be with us."

Pray



5. Spend a minute in complete stillness and quiet reflecting and then say the prayer below together.

In the name of the Most Holy Jesus,
We come to You with open hearts,
Thanking You for Your love and grace.
Your name is holy, pure and bright,
A guiding light in our darkest night.
Help us to remember Your name,
In joy and sorrow, in peace and pain.
May we share Your love with everyone we meet,
And follow Your example, so kind and sweet.
Bless our families, friends and all we hold dear,
Fill our hearts with Your presence, always near.
In Your Most Holy Name, we pray,
Guide us, protect us every day.
Amen



Living out the Message

6. Children can embody the message of the Most Holy Name of Jesus in various meaningful ways. Here are some examples:

·Kindness and Compassion: Children can show kindness to others, through small acts like sharing toys or helping a friend in need. This reflects the love and compassion that Jesus exemplified.

·Prayer: Pray using the name of Jesus in personal prayers or during family gatherings. This helps to develop a personal relationship with Our Lord and understand the significance of His name.

·Forgiveness: Practise forgiveness, whether it is resolving conflicts with friends or letting go of grudges. This mirrors Jesus' teachings on mercy and reconciliation.

·Service to Others: Children can get involved in community service projects, such as helping at a food bank or participating in charity events. Serving others in Jesus' name helps them understand the importance of love and service.

·Sharing the Good News: Share stories about Jesus and His teachings with friends and family. This can be done through simple conversations or creative expressions like art or storytelling.

·Respect and Reverence: Speak the name of Jesus with respect and reverence, understanding its significance in their faith. This can be reinforced through lessons about the importance of His name in prayers and worship.

By incorporating these practices into their daily lives, children can actively live out the message of the Most Holy Name of Jesus in a way that is both meaningful and impactful.