SACRED HEART CATHOLIC PRIMARY SCHOOL& NURSERY

Learning and loving with Christ as our teacher

PRAYER AT HOME

Dear Parents and Carers,

Welcome to Week 6 of Lenten Prayer at Home! This week, we read in the Gospel of Matthew about Jesus' triumphant entry into Jerusalem. The crowds greeted Him with shouts of joy:

“Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest!”

Jesus rode into the city on a humble donkey, not as a king with armies, but as the Prince of Peace, bringing God's love to everyone. Just as the people waved palm branches and cheered for Him, we are invited to welcome Jesus into our homes, hearts, and families.

This week’s reflection encourages families to celebrate Jesus together, recognise Him in everyday life, and shout “Hosanna!” with joy through prayer, kindness, and love. Let’s prepare our hearts to welcome Jesus and share His peace with others.

Thank you for reflecting with us on Jesus’ triumphant entry into Jerusalem. May your family continue to welcome Him into your hearts and homes, celebrate His love together, and share His peace with others.

Let us carry the joy of “Hosanna!” into our daily lives through prayer, kindness and acts of love.

Have a blessed and joyful week!

Mrs Linda Payne
Executive Headteacher

Lent - Week 6 Palm Sunday



Gather Together

1. Find a quiet space and sit together.
2. Begin by making the sign of the cross.



Listen

3. Read from the scripture, a quote from St.Matthew 21:1-11



“Hosanna to the Son of David!
Blessed is he who comes in the name of the Lord!
Hosanna in the highest!”

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Reflect

4. Spend a moment reflecting on the Gospel of Matthew 21:1–11. This week, we celebrate Jesus' triumphant entry into Jerusalem. The crowds shouted, "Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest!" They welcomed Jesus with joy, palm branches and open hearts. As families, we are invited to do the same in our homes: to welcome Jesus through prayer, acts of kindness and love for one another. Just as the people recognised Him as the promised Saviour, we can learn to see Jesus in everyday moments and celebrate His presence in our lives. This week reminds us that faith is about joyfully welcoming Jesus into our hearts and sharing His peace with the world.

Pray

5. Spend a minute in complete stillness and quiet, reflecting and then say the prayer below together.

Dear Jesus,
Hosanna! We welcome You into our hearts today, just like the people welcomed You into Jerusalem.
Thank You for being our friend, our Saviour, and our King of peace.
Help us to show Your love every day by being kind, helpful, and forgiving.
May we always remember to shout "Hosanna!" with our words, our hearts, and our actions.
Bless our families, our friends, and everyone around us.
Hosanna in the highest!
Amen.



Living out the Message

6. Here are some examples of how children can live out this scripture:

Welcome Jesus into Your Heart. Just like the people welcomed Jesus with joy, children can welcome Him through prayer and love by:

- Saying a short morning prayer thanking Jesus for the new day.

Show Joy and Gratitude. The crowds shouted "Hosanna!" to celebrate Jesus. Children can show joy in God's presence every day by:

- Singing a hymn or a song of praise at home or in church.
- Smiling and saying "thank you, Jesus" for the little blessings in your life.

Be Kind and Helpful. Welcoming Jesus also means showing His love to others by:

- Helping a friend who is sad or lonely.
- Sharing toys, books, or snacks with someone in need.
- Listening and obeying your parents as a way to honour God.

Celebrate Faith with Your Family. The people came together to celebrate Jesus' arrival. Families can celebrate faith together too, by:

- Attend Mass or a prayer service with your family.
- Make a small family "Hosanna" moment by waving a paper palm branch and saying a prayer together.

Living out this scripture means welcoming Jesus with joy, showing His love and celebrating His presence in our hearts, families and communities — just like the people did when they shouted, "Hosanna! Blessed is He who comes in the name of the Lord."