SACRED HEART CATHOLIC PRIMARYSCHOOL & NURSERY

Learning and loving with Christ as our teacher

PRAYER AT HOME

Dear Parents and Carers,

The month of May is dedicated to honouring Mary, the mother of Jesus. We show our devotion to Mary through praying the rosary, singing hymns and other acts of reverence during this time. The month of May is seen as a time to honour Mary's virtues and seek her intercession for guidance and protection.

Let us journey together in prayer during the month of May.

God Bless,

Mrs Linda Payne
Executive Headteacher



May is the Month of Mary

Gather Together

1. Find a quiet space and sit together.
2. Begin by making the sign of the cross.



Listen

3. Read from the scripture quote from St Luke.



Luke 1:28 – "Hail Mary, full of grace, the Lord is with thee."

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Reflect

4. "Hail Mary, full of grace, the Lord is with thee," is a powerful and meaningful prayer for us. This prayer is a way for us to honour and seek the intercession of Mary, the mother of Jesus.

When we recite the words "Hail Mary, full of grace, the Lord is with thee," we are acknowledging Mary's special role in God's plan for salvation. The phrase "full of grace" highlights Mary's purity and holiness, emphasising her unique status as the mother of Jesus. By recognising that "the Lord is with" Mary, we are affirming God's presence and guidance in Mary's life. It is also a source of comfort and inspiration, encouraging us to ask Mary to pray with us for help and guidance in our own lives.
"Hail Mary, full of grace, the Lord is with thee," is a beautiful prayer that invites us to honour Mary, seek her intercession and deepen our relationship with God through her example of faith and devotion.

Pray

5. Spend a minute in complete stillness and quiet reflecting and then say the prayer below together.

Hail Mary, full of grace,
the Lord is with thee;
blessed art thou among women
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners, now
and at the hour of our death.
Amen.



Living out the Message

6. Children can live out the message "Hail Mary, full of grace" by embodying the virtues and qualities that Mary exemplifies in our faith. Here are some examples of how children can live out this scripture:

- Showing grace and kindness towards others: Children can emulate Mary's grace by being kind, compassionate and understanding towards their peers and those in need. They can strive to treat others with respect and empathy, just as Mary did in her interactions with others.

- Practising humility: Mary's humility is a key aspect of her character and children can follow her example by being humble and modest in their words and actions. Encouraging children to be humble and to recognise their own strengths and weaknesses can help them embody the spirit of the scripture.

- Seeking God's will: Just as Mary accepted God's will with grace and obedience, children can strive to discern and follow God's plan for their lives. Encouraging children to pray, reflect and seek guidance in making decisions can help them align their actions with God's will, as Mary did.

- Praying the Hail Mary & Rosary: Children can also live out the scripture by reciting the Hail Mary prayer regularly and praying the rosary. Encouraging children to pray to Mary for guidance, protection and intercession can help them deepen their relationship with her and grow in their faith.