SACRED HEART CATHOLIC PRIMARY SCHOOL& NURSERY

Learning and loving with Christ as our teacher

PRAYER AT HOME

Dear Parents and Carers,
In our school, we prioritise the spiritual development of children by offering various opportunities for prayer and engaging in liturgy and worship. These experiences are integrated into the classroom and throughout the school day. As part of our dedication to supporting the ongoing spiritual growth of our pupils, we have an initiative called "Prayer at Home." This initiative aims to assist parents and caregivers in fostering prayer within the home environment.

Through "Prayer at Home," we provide a prayer resource to all families with children in our school. This resource is designed to be easily followed and allows families to create a moment of prayer together amidst their busy lives. By offering this support, we encourage and enable families to continue the practice of prayer beyond the school setting, nurturing a sense of spirituality within the home.

At the beginning of the school year, we seek divine blessings for our children, asking for wisdom to guide them through their educational journey. May they be blessed with the insight to learn, the courage to make good choices and the understanding to navigate challenges. With these gifts, we trust they will grow in knowledge and character, embracing the opportunities that lie ahead.

Let us journey together in prayer during the month of September.

God Bless,

Mrs Linda Payne
Executive Headteacher

Gather Together

1. Find a quiet space and sit together.
2. Begin by making the sign of the cross.



Listen



3. Read from the scripture quote from Proverbs 2:6..





"For the Lord himself is the giver of wisdom: from his mouth come knowledge and understanding."

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Reflect

4. Spend a moment reflecting on the scripture message.

The Scripture "For the Lord himself is the giver of wisdom; from his mouth come knowledge and understanding" means that God is the source of all wisdom and knowledge.
Imagine that Wisdom is like a special light that helps us see things clearly and make good choices. This saying tells us that God is the one who gives us that light. When we listen to what God teaches us, we can learn important things about life, how to be kind, and how to understand the world around us. Therefore, when we seek knowledge and understanding, we can think of it as asking God to help us see things better.
How can wisdom help you throughout this new school year?

Pray

5. Spend a minute in complete stillness and quiet reflecting, then say the prayer below together.

Dear Heavenly Father,

We come before You with grateful hearts, thanking You for the gift of wisdom.
We know that You are the source of all knowledge and understanding.
Help us, Lord, to seek Your wisdom in everything we do.

As we learn and grow, guide us to make good choices and to understand the world around us.
Fill our minds with curiosity and our hearts with kindness.
May we always remember to ask for Your help when we are unsure, knowing that You are always there to guide us.

Thank You for loving us and for sharing Your wisdom with us.
Help us to share what we learn with others and to be a light in the world.

In Jesus' name, we pray.
Amen.



Living out the Message of Wisdom



6. Children can live out the message "For the Lord himself is the giver of wisdom; from his mouth come knowledge and understanding" in several meaningful ways:

- Seeking Knowledge: Encourage children to be curious and seek knowledge through reading, asking questions and exploring the world around them.
- Prayer and Reflection: Teach children the importance of prayer and reflection. By communicating with God, they can seek guidance and wisdom in their daily lives, fostering a deeper understanding of their experiences.
- Learning from Others: Encourage children to learn from parents, teachers and mentors. By listening to the wisdom of those around them, they can gain insights and understanding that contribute to their growth.
- Practising Kindness and Empathy: Wisdom often manifests in how we treat others. Children can live out this message by practising kindness, empathy and understanding in their interactions, reflecting the values they learn from their faith.
- Making Thoughtful Decisions: Teach children to think critically and make decisions based on values and principles. This practice helps them apply the wisdom they receive and understand the consequences of their actions.
- Engaging in Community: Encourage participation in community service in school or church activities. Engaging with others in meaningful ways can help children understand the importance of wisdom in action and the impact of their choices.

By integrating these practices into their lives, children can actively live out the message of seeking wisdom and understanding as gifts from the Lord.