Prayer Bag – Phase 3/4

How to use the Prayer Bag

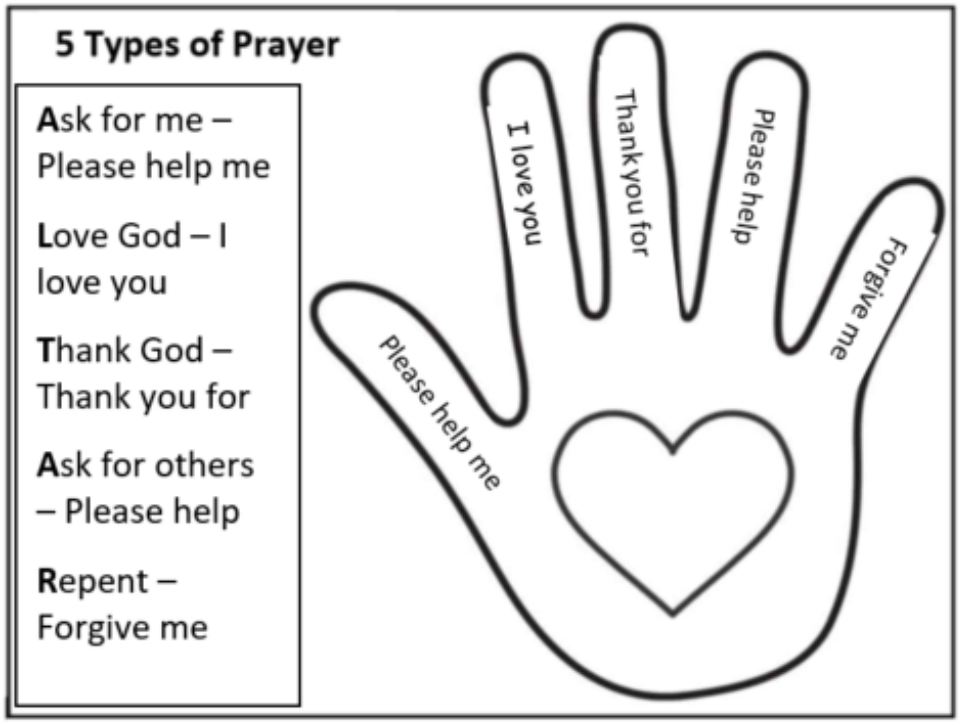
You will take the prayer bag home for a week. Once over the week use the 5 Finger Prayer or Types of Prayer to lead a prayer session with your family. On the other days you can complete this on your own or with your family. Make sure that over the week you have used the 5 Finger Prayer and the Types of Prayer for your prayer sessions. You can also use the Prayer at Home Newsletters.

Gather – Find a quiet space at home. Take the items out of your prayer bag and lay the cloth out on the floor or a table. Place the other items in the bag on top.

Make the Sign of the Cross.

Say the 5 Finger Prayer or one/some of the 5 Types of Prayer





End with the Sign of the Cross

A prayer diary is also included for you to record their thoughts, feelings, prayers and intentions before returning to school (your parents can help you with this). We ask that you record in this once during the week. You can add a picture of your holy space and/ or you using this space.