SACRED HEART
CATHOLIC PRIMARY SCHOOL & NURSERY

Phase 1/2 Prayer Book

Name

LEARNING & LOVING WITH CHRIST AS OUR TEACHER



Overview of Prayer Progression

NURSERY

- Learn to sing/say morning, end of day prayer & grace.
  Bless themselves making the Sign of the Cross.

RECEPTION

- Continuing building on N & introducing above to new children.
  Learning to focus their prayer in a spontaneous way - giving thanks and praise - praying for friends & family. Learn traditional Prayer - Our Father.
- Responses at Mass – Peace be with you. And with your Spirit.
  Greet the Gospel - Alleluia.

PHASE 1/2

- Learning to make up their own prayers (petitions: 'thank you' and 'help us/me').
- Learn traditional prayer - Hail Mary.
- Responses at Mass - Lord have mercy - Christ have mercy.
- Learn traditional prayer - Glory Be. Introduce simple scripture verses to help the children use them as a way of praying.
- Prayers at Mass - Prayers of intercession (Lord in your mercy- Hear our prayer).
- Responses at Mass - Lord have mercy - Christ have mercy.

PHASE 3/4

- Learning how to understand the examination of conscience as a positive way of showing our love for God and each other - Reconciliation.
- Learn traditional prayer- Act of Contrition. Prayers at Mass - I confess.
- Learning to use traditional methods of prayer and to adapt them to their needs e.g. Rosary.
- Learn traditional prayer Magnificat. Prayers at Mass - Lamb of God & Rite of Dismissal (Thanks be to God).

PHASE 5/6

- Introduce images and symbols as a way into prayer using art, music, poetry and prose.
- Introduce the concept of making our lives a prayer. Learning that everything that we do can be given to God.
- Learn traditional prayers - Angelus.
- Eternal rest & Stations of the Cross.
- Prayers at Mass - Holy Holy, Glory to God.
- Creed & Offertory prayers.



School Prayers

Morning Prayer

O my God you love me,
You're with me night and day.
I want to love you always,
In all I do and say.
I'll try to please you, Father,
Bless me through this day. Amen.

Lunchtime Prayers

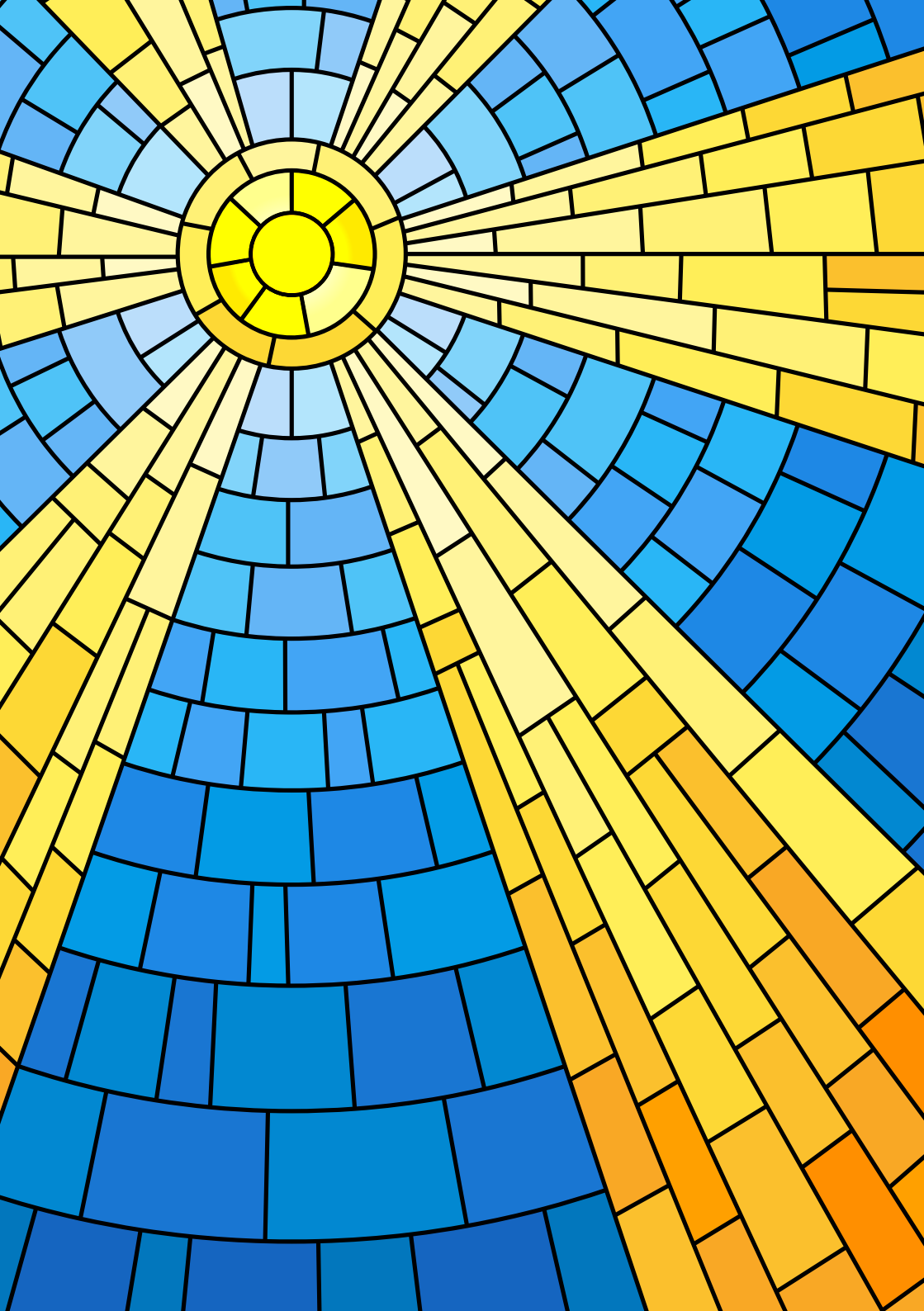
A range of prayers can be said/sung with your class, including:

For every cup and plateful,
Lord make us truly grateful.
Amen.

Bless us Oh Lord as we sit together.
Bless the food we eat today.
Bless the hands that make the food.
Bless us, Oh Lord. Amen.

End of Day Prayer

Created by your class at the beginning of the school year.





Traditional Prayers

Our Father (Lord's Prayer)

Our Father, who art in Heaven,
hallowed be thy name.
Thy kingdom come
Thy will be done on earth,
as it is in heaven
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Amen.



Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.

Amen.

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and forever shall be
world without end.

Amen.





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